## TIM FARMER'S COUNTRY KITCHEN

## HALIBUT W/ GARLIC SAUCE

Olive oil Halibut Dry Rub Flour Tellicherry pepper

Heat oil in skillet over medium heat. Season fish with dry rub and coat on all sides with flour. Drop in hot oil and



cook for 2-3 minutes on each side. While cooking, season with pepper. Once fish is cooked through halfway, flip and continue cooking on other side. Remove and place in warm oven to keep warm.

Melted butter 2-3 garlic cloves Juice from 1/2 lemon

Heat ingredients together for 2-3 minutes, until garlic is cooked. Pour over halibut and serve.