TIM FARMER'S COUNTRY KITCHEN

SOURDOUGH STARTER

DAY 1

4 ounces all purpose flour 4 ounces water

Mix together flour and water until combined in bowl. Cover with plastic wrap and place in 70-80 degree place for 24 hours.



DAY 2

4 ounces all purpose flour 4 ounces water

Add more flour and water to bowl and stir until all combined. Cover with plastic wrap and place in 70-80 degree place for 24 hours.

DAY 3

4 ounces all purpose flour 4 ounces water

Add more flour and water to bowl and stir until all combined. Cover with plastic wrap and place in 70-80 degree place for 24 hours

DAY 4

4 ounces all purpose flour 4 ounces water

Add more flour and water to bowl and stir until all combined. Cover with plastic wrap and place in 70-80 degree place for 24 hours

DAY 5

Starter is ready to use.

To keep starter going, remove 1/2 out each day and use or discard. Add 4 ounces AP flour and 4 ounces of water and stir to combine.

Can place in fridge for 1 week, bring back to room temperature and feed with 4 ounces AP flour and 4 ounces of water and stir to combine